

## **PSHE and RSE recovery curriculum**

### **Intent**

To ensure children are equipped to re-engage with their peers and lessons and prioritise content that reflects the risks that may have increased during the pandemic.

The Department for Education requires schools to provide some relationships and health education to all primary-age pupils. We have updated and uploaded policies on PSHE and RSE and an RSE FAQ page to our school website.

### **Implementation**

At Frodsham CE Primary we have sought to address any gaps in children's PSHE and RSE education. Our recovery curriculum has prioritised topics that will support children's wellbeing as they re-engage with their peers and lessons. Through our PSHE and RSE curriculum, we will cover mental wellbeing, physical health and fitness, respectful relationships and being safe. Prioritising content about safety, mental wellbeing and physical health should reflect risks that may have increased over or been impacted by the pandemic. All content will remain age-appropriate and be taught clearly but sensitively.

- Following PSHE Association guidance and emphasising a focus on mental wellbeing, physical health and being safe
- Relationships and Sex Education (RSE) week at school looking at respectful relationships and a focus in Year 6 on the changing adolescent body

### **Impact**

Supporting pupils return to school is prioritised. Emphasis on mental and physical wellbeing and safety allows the children time to re-engage with peers and staff, manage feelings and emotions and equips them with strategies to help them follow school routines and structures.