



## **ESSAR West Cheshire Athletic Club Schools Cross Country Race Series 2018/19**

**At Ellesmere Port Sports Village,  
Stanney Lane, Ellesmere Port,  
Races Start at 10am.**

**Dates of Fixtures:  
Saturday, October 20  
Saturday, November 3  
Saturday, February 9  
Saturday, March 2**

Races for the following Girls and Boys year groups:  
Year Three, Year Four, Year Five, Year Six, Year Seven, Year Eight.

Medals will be presented to the first three finishers in each race.

The first three finishers from each school in each race will count as a team towards a team score based on their positions, and the team event will be held over four rounds.

Awards will also be presented to the top three finishers overall in each age group after four rounds.

Each pupil from each school will be provided with a race number which should be attached to the front of their T-shirt/vest.

Each participating school should provide a representative/team manager at each round.

Further details can be obtained from Dennis Wall at West Cheshire AC.  
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