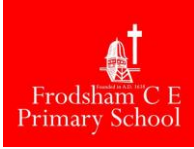


RELATIONSHIPS AND SEX EDUCATION POLICY



Love each other, as God love us.

At Frodsham CE Primary School we endeavour to:

- Create a warm and welcoming ethos centred on shared Christian values.
- Develop happy, confident and resilient children who show respect for themselves and others and make a positive contribution to their community.
- Make learning fun inside and outside of the classroom by providing a broad range of exciting and rich learning experiences which challenge and motivate all children.
- Recognise every child is unique, meet their individual needs and celebrate their achievements.
- Encourage all to be the best they can be.

Our core values are: **love, respect, kindness, community, faith, and resilience**

Presented to Staff and Governors: May 2024
Person Responsible: Ellie Wood

Next Review: May 2027

Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.

(Department for Education: RSE and Health Education 2020)

Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- 1) Review – subject leader pulled together all relevant information including relevant national and local guidance.
- 2) Staff consultation – school staff were given the opportunity to look at the policy and make recommendations.
- 3) Parent consultation – the draft RSE policy and new guidance from the DfE was shared with parents and comments received.
- 4) Pupil consultation – we investigated what exactly pupils want from their RSE lessons via a pupil survey.
- 5) Ratification – the policy was shared with and reviewed by governors and approved by the full Governing Body.

Definitions

Relationship Education at Frodsham CE Primary

Relationships education in our school teaches the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other peers, adults and online. Our pupils will be taught what a relationship is, what a friendship is, what a family means and who can support them. In an age-appropriate way, we will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- safe relationships
- respecting ourselves and others
- being safe online

RELATIONSHIPS AND SEX EDUCATION POLICY

There is widespread agreement that children need to be able to recognise abusive behaviour and to know how to seek help if they are worried about abuse or experience it. The guidance states that by the end of primary school all children should know how to report concerns or abuse and the vocabulary and confidence needed to do so.

In our school we will promote equal, safe and enjoyable relationships and be taught in a way which fosters LGBTQ and gender equality, in line with the Equalities Act 2010.

Sex Education at Frodsham CE Primary

Sex education in our school is tailored to the age and the physical and emotional maturity of the pupils. As a school we ensure that sex education should guarantee that children are prepared for the changes that adolescence brings and – drawing on knowledge of the human life cycle set out in the national curriculum for science - how a baby is conceived and born.

Health Education at Frodsham CE Primary

Health education in our school aims to give pupils the information needed for them to make their own good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on:

- belonging to a community
- media literacy and digital resilience
- physical health
- mental wellbeing
- changing adolescent body
- keeping safe

Relationships education, health education, science and sex education work together to protect children by ensuring they have knowledge of their bodies, the human life-cycle, emotions, acceptable behaviour and right and wrong. RSE is not about the promotion of sexual activity.

Aims

At Frodsham CE Primary School, we believe that PSHE helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives, in order to become informed, active and responsible citizens. The work we do in PSHE links directly to the Christopher Winter Project for RSE. PSHE also flows through all other curriculum areas.

Under the new guidance issued by the DfE, in September 2020, relationships education at primary school is compulsory. We believe that to be effective, RSE should always be taught within a broader PSHE education programme. RSE enhances and is enhanced by learning related to topics including anti-bullying; keeping safe on and offline; keeping physically and mentally healthy and the development of skills and attributes such as communication skills, managing peer pressure, risk management, resilience and decision making.

Aims for RSE at Frodsham CE Primary are to:

- Promote the spiritual, moral, cultural, mental and physical development of all pupils
- Prepare pupils for the opportunities, responsibilities and experiences of later life
- Encourage pupils to value themselves and others
- Allow pupils to acknowledge and appreciate difference and diversity
- Teach pupils how to make informed choices
- Prepare pupils to be positive and active members of a democratic society
- Teach pupils to understand what constitutes a safe and healthy lifestyle

RELATIONSHIPS AND SEX EDUCATION POLICY

- Provide a framework in which sensitive discussions can take place
- Promote safety in forming and maintaining relationships
- Provide pupils with a toolkit for understanding and managing their emotions
- Provide pupils with the opportunities to consider issues which may affect their own lives and/or the lives of others
- Help pupils to identify the characteristics of healthy relationships, how relationships may affect mental and physical health; and how to stay safe online
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

Delivery of RSE

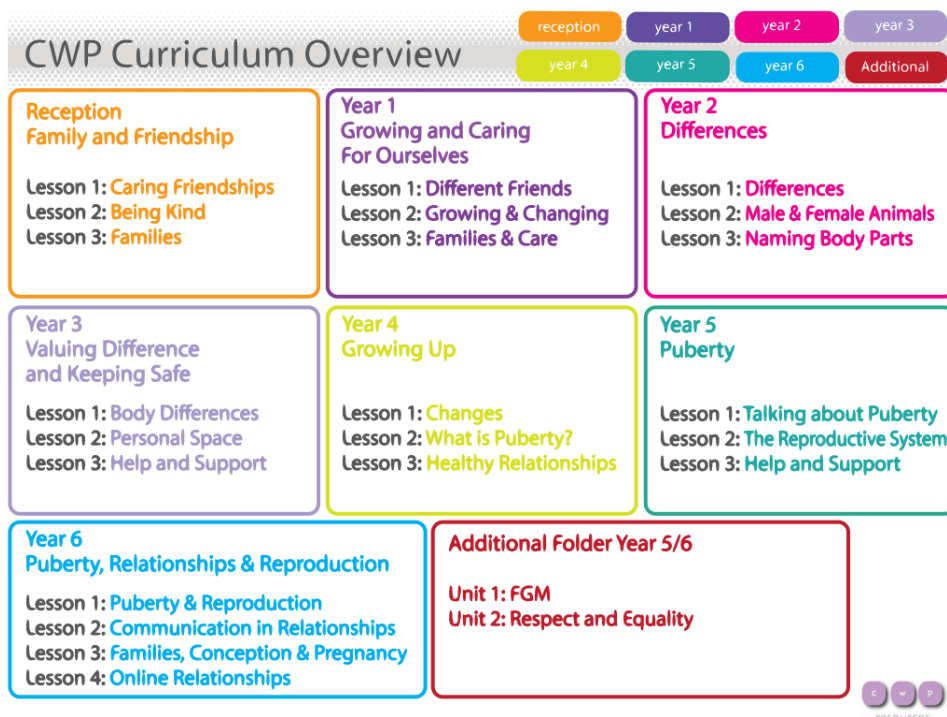
RSE is taught within the personal, social, health and economic (PSHE) education curriculum and within the science curriculum. At Frodsham CE Primary, we follow the Christopher Winter Project RSE lessons and resources.

Pupils with SEND

As far as is appropriate, pupils with special educational needs should follow the same RSE programme as all other pupils. Careful consideration is given concerning the level of differentiation needed, and in some cases the content or delivery will have to be adapted. Teachers and/or teaching assistants work with individual pupils where required, and if appropriate.

It is not the school's policy to withdraw pupils with special educational needs from RSE to catch up on other national curriculum subjects: these aspects of personal and social development are as important to all pupils as their academic achievement.

The Christopher Winters Project Curriculum Overview for Yr R-6



Roles and responsibilities

RELATIONSHIPS AND SEX EDUCATION POLICY

The governing body will approve the RSE policy and hold the headteacher to account for its implementation. The headteacher is responsible for ensuring that RSE is taught consistently across the school and for managing requests to withdraw pupils from components of RSE.

Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the [non-statutory/non-science] components of RSE.
- Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

Pupils

Pupils are expected to engage fully and, when discussing issues related to RSE, treat others with respect and sensitivity.

Parents' right to withdraw

Frodsham CE Primary is well aware that the primary role in children's relationships and sex education lies with parents and carers. We wish to build a positive and supportive relationship with the parents of children at our school through mutual understanding, trust and co-operation.

In promoting this objective we:

- Make available online, via the school's website, this RSE policy
- Answer any questions that parents may have about the RSE of their child
- Take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for RSE in the school
- Inform parents about the best practice known with regard to RSE, so that the teaching in school supports the key messages that parents and carers give to children at home. We believe that, through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing body and their increasing responsibilities
- Parents will be informed of when these lessons will take place in school as part of a whole school 'RSE Week'

We have committed to retain parents' right to withdraw their child from sex education within RSE (other than sex education in the National Curriculum as part of science). There is no right to withdraw from relationships education at primary school, due to the 2020 DfE update which made relationship education compulsory in all primary schools. We believe the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

Parents should be aware that schools are legally required to provide a broad, balanced curriculum. Sex education topics can arise incidentally and overlap with relationships education lessons and it is not possible to withdraw pupils from these relatively limited and often unplanned discussions.

If a parent wishes their child to be withdrawn from the sex education elements of RSE, they should discuss this with the headteacher, and make it clear which aspects of the programme they do not wish their child to participate in. Requests for withdrawal should be put in writing and addressed to the headteacher. A copy of withdrawal requests will be placed in the pupil's educational record. The headteacher will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from these lessons.

Monitoring and Evaluating RSE arrangements

The delivery of RSE is monitored and evaluated by subject leader and senior leadership team through:

- lesson observations

RELATIONSHIPS AND SEX EDUCATION POLICY

- learning walks
- feedback from staff and children
- feedback from parents

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

	Date	Reviewed by	Notes
Policy received	22/10/19	Nicky Evans	
Reviewed/amended	15/3/21	Ellie Clifford & Nicky Evans	New updates in line with DfE 2021.
Reviewed/amended	28/4/24	Ellie Wood	
Reviewed/amended			
Reviewed/amended			

Signed:

(subject leader)

(governor)